TROOPS MOVE INTO URUMQI, CHINA, PG8

Celebrity pg 18

Plagiarism suit against Black Eyed Peas?

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VANCOUVER • THURSDAY, JULY 9, 2009 metronews.ca

Relating pg 6

Collins on loss of man's best friend

Legacy projects to include Air India opera

THEATRE An opera based on the 1985 Air India Flight 182 tragedy is being developed by the PuSh Festival and Ireland's Cork Midsummer Arts Festival.

The production is one of 17 projects that have been approved and will receive funding from Arts Partners in Creative Development (APCD), which receives its funding, from amongst others, 2010 Legacies Now.

Entitled Ahakista — Air India Opera Flight 182, festival executive director Norman Armour says that the project, which is slated to debut in January 2011, won't trivialize the topic.

"The spirit of the project is about a kind of sense of remembrance and honouring of the lives that were lost. It will have a very human (element) to it," said Armour.

While details are being finalized, the festival's executive director said that people from the Indo-Canadian community are involved, which will lend to the work's authenticity. Srinivas Krishna, director of the film Masala, will serve as assistant director and dramaturge.

KARL YU/FOR METRO VANCOUVER

SunnySide

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2010 Taking it to the skies

ANDY CLARK/REUTERS

An athlete performs tricks on a trampoline as Air Canada unveils its new Boeing 777 featuring a nose-to-tail graphic design promoting the 2010 Olympics at Vancouver International Airport yesterday. The plane, decked out in Olympic sport scenes, will be used on international routes to Europe and Asia. Story, pg 4

Parkade operator seeks to buzz pesky stragglers

Firm asking city for $147K to buy up to 45 Mosquito noisemakers

JEFF HODSON
jeff.hodson@metronews.ca

Vancouver is considering using mosquito-like buzzing to keep "vagrants" from hanging out after hours in the stairwells of city-owned parkades.

EasyPark, which runs city-owned parking lots in Vancouver, is before council today, requesting $147,000 to purchase 40 to 45 Mosquito noisemakers that emit a high-pitched whine that the majority of people older than 25 cannot hear.

Mel McKinney, general manager of EasyPark, said the goal of the Mosquito is to deter drug-activity and to stop rowdies from partying in stairwells after bars and nightclubs shut their doors.

"We get large groups of people who want to continue to party," McKinney said. (They) gather in our stairwells with their own booze and want to smoke."

He said there are often fights and janitorial staff has to clean up blood and human waste, in addition to broken drug needles.

David Eby, acting executive director of the B.C. Civil Liberties Association, said the Mosquito disproportionately targets youth.

He is worried that it may be used to move people from public areas where they have every right to be.

EasyPark, McKinney said, has already tested the Mosquito for six months in a stairwell of one of its Downtown parkades.

He said people stopped hanging out in the stairwell within 24 hours of its installation. They received one complaint from a neighbour and have since lowered the volume.

The Mosquito, McKinney said, would be used at three to five sites, only in enclosed stairwells and on timers to run at specific times.

Castlegar crowds

- The West Kootenay city of Castlegar introduced the Mosquito in 2008, installing it outside a bar to disperse bar patrons after closing time.
- Mayor Lawrence Chernoff said the city is now looking at purchasing two more to keep people away from the skateboard park at night.

Are you able to hear the buzz? Try at **metronews.ca/local**

B.C. welfare figures too low: NDP

ECONOMY B.C.'s New Democrats accused the province yesterday of freezing funding for back-to-work programs while underestimating the number of people who will receive income assistance.

Leaked documents released by the NDP show the monthly welfare caseload is expected to increase to 147,000 in June 2010, up from the 120,000 in March 2009 and 100,000 in 2007.

The government had projected that the province's welfare rolls would increase to 115,000 people by next summer, said Vancouver-Hastings MLA Shane Simpson. He said the increase adds about $100 million to the province's costs.

In addition to the "skyrocketing" welfare numbers, Simpson also released an email from an assistant deputy minister in the Ministry of Housing and Social Development, calling for a spending freeze on "direct purchase."

Direct purchase, Simpson said, refers to back-to-work programs including adult basic education, English as a second language and vocational assessment.

"They're in a full-panic mode, and a bit of chaos, as they scramble to make cuts and reduce spending in order to reduce this deficit and get it closer to the premier's number," Simpson said.

The province has projected a $495-million deficit for 2009.

JEFF HODSON/METRO VANCOUVER

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Special Olympics set to launch
Around 1,100 athletes are expected to arrive in Abbotsford tomorrow for the 2009 Special Olympics B.C. Summer Games. Athletes will be competing in, among other sports, bowling, soccer, bocce, gymnastics and swimming. METRO VANCOUVER

Local

Rocky Mountaineer tops list

The Rocky Mountaineer, left, which journeys between British Columbia and Alberta, was voted the most exciting and scenic train experience in the world by the Society of American Travel Writers. The Whistler Mountaineer also made the top 10, coming in at No. 8.
METRO VANCOUVER

DANIEL TAM/FOR METRO VANCOUVER

Gary Sherwood plans to stay in the False Creek North area even though his HEAT shelter has closed down.

Homeless ask city for new place to live

DANIEL TAM
for Metro Vancouver

STREETS A group of homeless people are refusing to leave their makeshift camp under the north end of the Granville Street Bridge until the city finds them a new place to live.

They have been staying in the False Creek North area since the nearby emergency cold weather shelter closed down at the beginning of July.

Gary Sherwood, who lived in the shelter since it opened last December, said he wants the city to find them housing soon.

"Maybe reopen this (shelter) or get a bigger building," said Sherwood. "This shelter was pretty much my home."

False Creek North residents say the two new shelters brought drug dealing, open drug use and theft into their neighbourhood.

One resident, who didn't want to be named because he's been targeted for speaking up about the shelters, said city hall needs to act quickly.

"They've created a losing situation for the residents of the area, a losing situation for residents of the shelter," he said. "Now they've created a huge mess with no plan out of it."

Sister defends hit list suspect

COURT The sister of a Vancouver high school student accused of posting a hit list with the names of classmates and teachers on Facebook said in court yesterday that her brother isn't dangerous and she wants to go home.

The 15-year-old was put in protective custody on June 30, an hour after her brother was released on bail and returned home.

Neither teenager can be identified.

The 18-year-old suspect and former Templeton High School student was arrested in late May for allegedly threatening more than 100 people online and faces 11 charges.

His sister has been staying with a family friend since she was removed from her home.
METRO VANCOUVER

Pinball champ eyes world title

Hated game turned into obsession for White Rock native

KRISTEN THOMPSON
kristen.thompson@metronews.ca

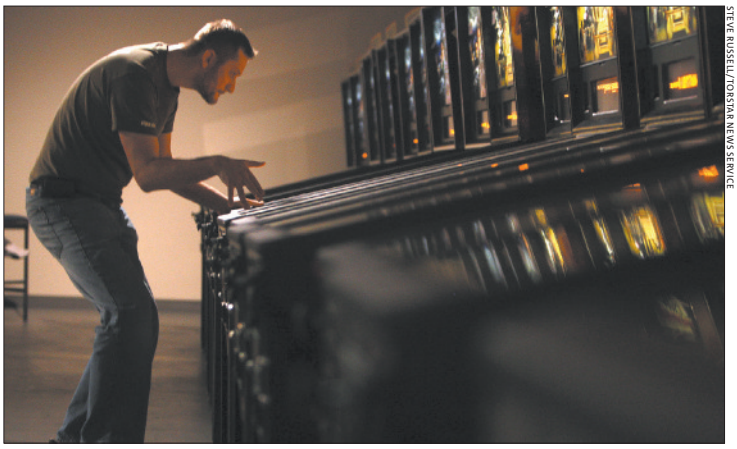
When Canada's top-ranked pinball player first tried the game in its heyday, he hated it so much he vowed to never play again.

Nearly 30 years later, White Rock native Eden Stamm is preparing to compete against the world's best at the International Flipper Pinball Association (IFPA) championship in England.

"I used to go to this little smoke shop and play Donkey Kong, and one time they had a pinball game and I put a quarter in and I was like, 'This is the stupidest game that's ever been made, it's a waste of my quarter,'" said Stamm, 37, who delivers pizzas for Boston Pizza.

He held the game in the highest of disdain until he was 19, when he reluctantly gave it another go.

"Next thing you know I started loving it," he said.



STEVE RUSSELL/TORSTAR NEWS SERVICE

Eden Stamm flips his way to a new Canadian record at the Canadian Pinball Championships in Toronto in 2008. Stamm is preparing to compete at the International Flipper Pinball Association championship in England.

Stamm bought two pinball machines for his apartment, joined a local league and started playing in competitions.

Now, he's gearing up for the invitation-only world championship — which runs from July 31 to Aug. 2 — and is playing every day.

"Most people find (my hobby) pretty neat," he said, adding that pinball will always be around — despite the popularity of video games — for the same reasons books will survive the Internet era.

"It's the simplicity that grabs you. We want to connect with things that are real," said Stamm.

"There is a girl in our group … who's 11 years old and she's deadly good … Stuff like that makes me smile."

Drivers urged to avoid Burrard Street Bridge

TRAFFIC Drivers are being "strongly advised" by the City of Vancouver to avoid the Burrard Street Bridge this weekend.

Starting tomorrow at 6 p.m., city crews will start preparing the bridge and adjacent streets for a bike lane trial that begins on Monday.

The work will restrict parking on West 1st Avenue and pedestrians will be directed to the sidewalk on the bridge's west side.

Barriers and signs will also be installed across the span and result in extensive lane closures and traffic disruptions.

Pacific Street, between Thurlow and Seymour, will see intermittent lane closures today and tomorrow for repaving. The city is asking drivers to also avoid this area on Sunday night when new lines will be painted.
METRO VANCOUVER

More delays

- A charity run across the bridge on Saturday from 6 to 8 p.m. will cause further delays for drivers.

News in brief

GROW-OP A dropped 9-1-1 call led police to a Langley home with an 800-plant grow-op. A man from New York was arrested at the house.

FIRE All residents escaped from a Delta home that sustained extensive damage in a fire that police say could have been caused by arson. A nearby garbage container was also set on fire.

FEARS Some search-and-rescue volunteers are no longer responding to highway crashes for fear of being sued, CBC News Online reports. A Quebec man whose wife died after they skied out of bounds is suing search-and-rescuers in Golden.
METRO NEWS SERVICES

metronews.ca
What's online today.

Video Nova Scotia politicians welcome Paul McCartney to Halifax with Abbey Road homage at **metronews.ca/canada**

Blogs Josey Vogels on the unsurprising hazards of self-circumcision.

Lotteries

Lotto 6/49	12, 32, 35, 36, 37 & 46 Bonus 23
BC 49	12, 25, 26, 29, 43 & 49 Bonus 47
Extra	8, 13, 41, 48

These results are not official.

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Housing affordability improving
Vancouver saw the biggest improvements in housing affordability since the end of last year, according to an RBC report released yesterday. It now takes 54.6 per cent of pre-tax income to afford a standard $632,000 two-storey home, down from 61.6 per cent. METRO VANCOUVER

Uighurs plead for compassion

Local community rallies outside Chinese consulate in protest of crackdown

KARL YU
for Metro Vancouver

A Vancouver-area woman is fearful for the safety of her relatives after her parents living in western China told her people of Uighur descent are being hunted and killed.

"(Tuesday) morning, I finally got in touch with my parents and (they said) lots of Chinese people are killing Uighur people in the streets," said Tunisha, who asked not to have her last name used for fear retribution.

Tunisha attended a rally with about 200 others outside the Chinese consulate on Granville Street yesterday afternoon.

KARL YU/FOR METRO VANCOUVER

A woman takes part in a rally to support China's Uighur minority in front of the Chinese Consulate on Granville Street yesterday afternoon.

She said that you mostly see women in the streets of her city, as Uighur men, who are part of a minority group in China, are being rounded up and jailed.

Tenzin Lhalungpa, the president of Canada's Tibet Committee, said the crackdown is familiar.

"Last year what happened in Tibet, which was basically a revolution against the Chinese occupation, Tibetans were demonized and that seemed to work with the domestic audience in China," Lhalungpa said.

"It was basically us against them and it was the Chinese who were being oppressed, which is pretty strange when you have a billion people."

Lhalungpa sees the same thing happening to the Uighurs.

Omerjan Bore, one of the rally's organizers, said Western news outlets are poorly informed about the conflict as they're only being fed images and information from state-run Chinese media outlets.

"The Chinese media is lying, (they) are hiding the truth," he said

"They completely shut down the Internet, telephones and satellite communications. Everything is shut off. The deaths are more than 1,000."

McKearney named new city fire chief

LEADER Vancouver has appointed its newest fire chief, city manager Penny Ballem announced yesterday.

John McKearney, who has been part of the department for 29 years, has been acting chief since May after former fire chief Ray Holdgate retired.

John McKearney

"(McKearney) brings a strong record of achievement, leadership and ... experience," said Ballem.

"John will provide the strategic leadership required to create a renewed vision and operational plan for the department in the wake of this important review process."

Ballem said McKearney is also involved with the community as a volunteer with the United Way and a member of the Granville Island Trust.

He's finishing a master's degree in leadership from Royal Roads University.

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Olympic airplane about to take off

PROMOTION Air Canada's Vancouver 2010-themed plane has landed at YVR.

The Boeing 777 aircraft has a 53-metre long graphic design — stretching from nose to tail — that publicizes the 2010 Winter Games.

It'll bring images of Vancouver to major airports in Canada as well as in selected European and Asian destinations such as London, Paris, Frankfurt, Tokyo, Beijing and Hong Kong.

"This Games-branded plane is a stunning way to showcase to the world Air-Canada's support for the 2010 Winter Games," said John Furlong, VANOC CEO.

The graphic includes a fusion of Canada's natural, urban and cultural elements and features colours and shapes representing ocean, forest, mountains and sky.

The plane's sport illustrations include snowboard parallel giant slalom, ice hockey and cross-country skiing on one side, and alpine skiing, ice sledge hockey and ski jumping on the other side.

The aircraft is the final piece of Air Canada's fleet-wide renewal program, making the fleet one of the newest in the world with an average of nine years.

The plane was unveiled at Vancouver International Airport early yesterday at a ceremony attended by Canadian Olympic and Paralympic athletes and hopefuls. METRO VANCOUVER

Suspect in custody following fatal Abbotsford shooting

CRIME A 32-year-old man is dead after being shot in the chest in rural Abbotsford.

Const. Ian MacDonald said it appears the man was shot in the course of an argument in a home in the 3800 block of Inter Provincial Highway on Tuesday night.

"Abbotsford police have a male in custody that they believe is responsible for the shooting," MacDonald said.

"This incident was not a random act and it was not gang related."

METRO VANCOUVER

News in brief

CHRETIEN Vancouver-based international mineral developer Ivanhoe Mines has named former prime minister Jean Chretien its senior international adviser.

CRIME Two men with 81 criminal convictions between them were arrested by transit police on bikes. Initially, it appeared two men were breaking into a pay phone coin box, but as it turned out they were allegedly going through a stolen purse.

ASSAULT Police in Surrey are trying to find a woman who was seen minutes before a sex assault on a six-year-old girl last week, news1130.com reports. Witnesses said they saw a woman near 139th Street and 62nd Avenue Friday.

SWORD A Surrey couple was attacked by two men with a samurai sword following an argument in Bear Creek Park on the weekend, news1130.com reports. The man needed surgery after being stabbed in the arm and abdomen.

CHARGES A 37-year-old Calgary man has been charged with resisting arrest and having drugs after allegedly assaulting a Vancouver Police officer near Main and Hastings streets. Gonzalo Enrique Rubi is set to appear in court on July 16.

RESCUE The Coastal Inspiration was out of service yesterday on the route between Tsawwassen and Nanaimo. A spokesperson for B.C. Ferries said there's a glitch with the system that holds the ship's rescue boat.

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More than 200 must go through breast cancer retest

More than 200 people who were tested for breast cancer in Gatineau, Que., will have to be retested, CBC News Online has learned. Four Quebec hospitals have been told that they didn't follow proper procedures when they conducted about 2,100 tests between April 2008 and June 2009. METRO NEWS SERVICES

Canada

Telemarketers served with notice

The Canadian Radio-television and Telecommunications Commission has served two telemarketers who broke Canada's do-not-call-list rules with notices of violation, CBC News Online reports. The notices "serve as a warning to telemarketers that we will not look the other way if they break the rules and invade the privacy of consumers," Leonard Katz, the CRTC's vice-chairman of telecommunications, said in a release yesterday. METRO NEWS SERVICES

Harper's missing host

Spokesperson denies claims that PM pocketed wafer

Days before Stephen Harper is to have a private audience with Pope Benedict XVI, the prime minister is at the centre of a Roman Catholic faux pas.

While attending a state funeral for former governor general Romeo LeBlanc last week, Harper received a sacramental communion wafer in contravention of church practices for non-Catholics, and then appeared not to consume it.

Catholics believe that the wafer, or host, once consecrated during the mass by a priest, becomes the body and blood of Jesus Christ and must be consumed when received, a Catholic official explained to the media.

Sensitive to the optics, a spokesperson for Prime Minister Stephen Harper vehemently denied earlier reports he pocketed it.

"The prime minister was offered communion, he accepted it and without a doubt consumed the wafer," Dimitri Soudas said yesterday in an interview from L'Aquila, Italy, where Harper is attending a G8 summit.

After the summit wraps up, Harper is to have his private audience with the Pontiff on Saturday.

The incident was ratcheted up when the video clip made it to YouTube.

It shows Harper holding out his hand for the wafer, which he holds onto instead of consuming right away, while it also clearly shows New Brunswick Lt.-Gov. Herménégilde Chiasson, the next person to receive the host, raise it to his mouth. Even seconds later Harper still had not put it in his mouth.

TORSTAR NEWS SERVICE

Population

- According to the 2001 census, more than 43 per cent of Canadians or almost 13 million described themselves as Roman Catholics, making it the largest religion in the country.

Moscow **Space oddity**

SERGEI REMEZOV/REUTERS

Guy Laliberte, the Canadian billionaire owner of Cirque du Soleil, lies in a special capsule filled with gypsum for a seat moulding in Star City outside Moscow yesterday. The former fire-eater is on the countdown to become the world's seventh, and Canada's first, space tourist, slated to travel on a Russian Soyuz space craft to the International Space Station in September.

News in brief

MILITARY Canada will spend about $5 billion on light armoured vehicles for its military, the government said yesterday. About $1 billion will be used to upgrade the current fleet of light armoured vehicles, with the remainder to go toward a new generation of combat vehicles and their upkeep. The Canadian Forces will start using the new vehicles by 2012, with a fully operational fleet intended for 2015.

REUTERS

Leaders pledge to keep spending money

The world's largest and richest industrialized countries have pledged to keep the public spending taps open as long as necessary to prop up a shaky global economy.

The G8 leaders in L'Aquila, Italy, decided on the spending blitz yesterday. The leaders of the Group of Eight nations said in a joint statement that there are "some signs" the economic turmoil is stabilizing. But worldwide, they agreed, there is still too much uncertainty.

"We don't yet have a true recovery," Prime Minister Stephen Harper said. "But we have stability and we see some positive signs. It's necessary that we stick with the program."

TORSTAR NEWS SERVICE

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Comment

Heartbreak of losing a pet

Relating

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

Mojo was the dear dog of a dear friend, a pit bull of undetermined but advanced age that finally caught up with her the week before last.

She was small, but had the musculature of her breed, matched with the sweetest of dispositions. Indeed, Mojo could be fairly characterized as a complete suck and a chronic worrier, skinny wee legs scrabbling anxiously whenever she crossed a slippery, uncarpeted floor in a desperate run for the couch and a cuddle.

She was a one-dog rebuttal of the Ontario government's legislative restrictions on pit bulls, a moronic crackdown on a whole breed of dog anecdotally believed to be bad instead of on bad dogs.

Mojo would no sooner bite someone than scandalize them by reciting a dirty limerick, but wore her legally mandated, stigmatizing Hannibal Lecter muzzle anyway, with minimal complaint.

The old girl's winter was not a good one, and spring wasn't much better. She lost her appetite and a lot of weight. Her energy was low, her immune system was not what it used to be. Last month, it got worse.

"Dog people know how much goodbye hurts and that it's never far away. Dogs age so quickly, so inevitably, from callow to codger right before your eyes in a handful of summers."

Compounding this heartache is it is usually up to the owner to decide when the poor pooch has had enough and pre-empt any more suffering with a final car ride to the steel table and the needle.

Also not always helping is the vet — professional and reasonably compassionate, but at the end of the day there to make a buck. Want to be with your beloved pet as she dies? That will cost extra. Why? It certainly costs the vet no more, but if it's important to you, you'll pay.

It amazes and alarms me that there are still such true believers in private enterprise that they want to make visiting the doctor in this country more like visiting the vet.

The condolences to my friend have been plentiful and sincere, in particular from other dog owners.

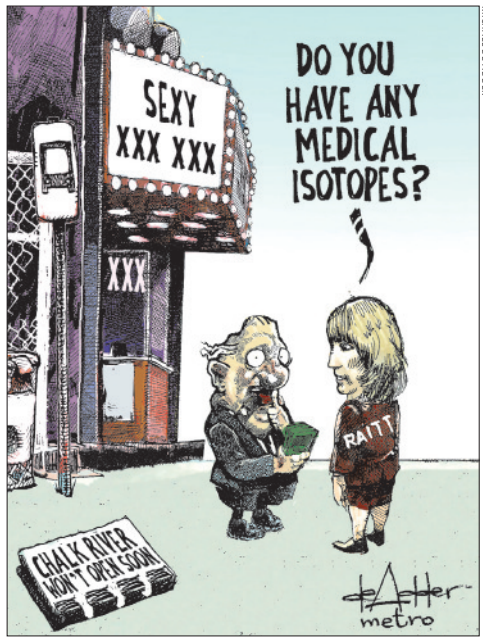
Dog people know how much goodbye hurts and that it's never far away. Dogs age so quickly, so inevitably, from callow to codger right before your eyes in a handful of summers. Maybe the brevity of our time together is the lesson: Life's short, so let's chase some squirrels right friggin' now!

The surprising thing about dog people is how they're willing to get their hearts broken like this and then start all over again. Don Cherry is perhaps an extreme example, with his series of dogs named Blue, after the original, who died in 1989.

Other dogs will come and cruelly go, but there was only one Mojo.

Requiescat in pace.

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADDER

Views

Technology and spying go hand in hand

ModernLife

Recently, a woman brought her car into one of those newfangled surveillance shops, convinced her husband was spying on her. Sure enough, a quick peek underneath the frame turned up a tracking device. Was divorce next? Nope. She simply had it removed — c'est la vie for the course of love these days — and her suspicious husband arrived the next week demanding to have another device installed.

These days it's so easy to spy on your lover, cheating of the past seems downright quaint. While watching an old episode of Melrose Place recently, I gasped as a doctor phoned his wife to say he was working late whilst winking at his lover. Call display would surely out him. And get this: I cheered when I realized it couldn't be part of the plot line because it hadn't been invented when that series was shot! It's not that I support cheating, I just hate the rampant invasion of privacy — even when it comes to sex. Let me rephrase that: Especially when it comes to sex!

If it's any comfort, cellphones make it easier to cheat. They let you pretend you're walking the dog when you're actually showing off your latest Victoria's Secret purchase to Hugo (explains the growling in the background, anyway). Just don't let your mate buy you a fancy cellphone that transmits conversations once the phone is turned off — yes, they do exist.

One friend knew her husband had draped voice-activated tape machines around her house and car so she tailored her conversations accordingly. "I just love him so much — he's so good to me," she'd chirp, making fake plans with her friends and then drive to her lover's. Her fun wasn't just infidelity, it was outwitting her prison guard-like husband.

Just as teenagers blow a curfew because it exists, the same goes for cheating. If you're trapped in some technological cage, you'll be as determined as Prison Break's Lincoln Burrows to outwit the authorities.

Scarily enough, your own monitoring gadgets can sometimes catch up to you. Last year, intent on nabbing the jerk vandalizing my property, I hooked up a tiny outdoor camera to a VCR. Darned if I didn't make a quick trip to the drugstore one night and return to find someone checking the tape to see where I'd gone. (Thank God I didn't spontaneously kiss a stranger while I was transporting my prescription back into the house!)

I remember Tom Robbins asking in Still Life With Woodpecker — how do you make love stay?

I bet he never thought the answer would be a GPS tracker.

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com.

Letters

Not everyone in the West is ready to trash Toronto

Re: Dumping on Toronto, July 8

When I first came to live in this part of our country, I was amazed at how many people had so many bad things to say about my hometown of Toronto. On questioning them, I found few had even travelled east past Calgary!

They seem to rely on "media people" for their information. Sure, the air is better here. And you can visit the mountains and ocean in the same day. But Toronto has many great things I sorely miss. Cheaper housing, snowplows, real highways. A transit system that goes everywhere more than once or twice an hour. Four distinct seasons as well as bigger and better multicultural events and venues.

I don't know how long you lived in Toronto Paul, but sounds like you missed all the good stuff. Yeah, they have a garbage problem now but no need to "trash" the place.

BONNIE JOE-LEONN, SURREY

Toronto's tax base does help the rest of the country

Re: Dumping on Toronto, July 8

It is tiresome (to) read yet another piece dumping on Toronto as they are usually filled with so much blind hatred and inaccuracies. It is painfully obvious that no place in Canada hates T.O. more than Vancouver.

It's sad you think the rest of the country is with you on this. It isn't that Toronto doesn't care about your feelings, it's that most people in The Big Smoke don't know about your hatred. They would find it strange — after all, they like Vancouver. They like the West so much there is rarely a complaint heard about the millions of dollars transferred from the taxes of Hogtowners to support less productive parts of Canada in such endeavours as the Olympics.

PAUL CALDWELL, NORTH VANCOUVER

Metro Online Poll Results

37% SAID YES	Did you watch Michael Jackson's memorial service? *Weigh in on today's question at metronews.ca*	63% SAID NO

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Yudhoyono re-elected in Indonesia

Indonesia's voters handed President Susilo Bambang Yudhoyono a second five-year term yesterday, placing their faith in his firm hand on the economic tiller and his promises to quicken the pace of reform. REUTERS

World

Pace unsustainable: Prince Charles

The quest for unlimited economic growth is unsustainable and could bankrupt the environment through climate change and depleted natural resources, Britain's Prince Charles said yesterday. Charles, next-in-line to succeed Queen Elizabeth, said a new economic model must be found because the Earth can no longer support the demands of a growing "consumerist society" where growth is an end in itself. REUTERS

News in brief

AFGHANISTAN At least 12 students were killed early today by an explosion outside a school south of Kabul, according to officials. The blast was caused by explosives in a vehicle, police said. The age of the students was not immediately known.

LAW Afghan law does not protect rape victims and for too long communities have turned to traditional forms of justice which tend to criminalize victims of a profound problem, the UN said yesterday. "This is an issue that is under-reported and to a significant extent concealed, but it is a huge problem in Afghanistan," Norah Niland, the UN's human rights representative in Afghanistan said.

CYBERATTACKS More than two dozen Internet sites in the United States and South Korea, including the White House's, were attacked in recent days by hackers that South Korea's spy agency said may be linked to North Korea. REUTERS

G8 aims for 2 C

The G8 agreed yesterday to try to limit global warming to two degrees Celsius and cut its greenhouse gas emissions by 80 per cent, but it failed to persuade China and India to join a bid to halve world emissions.

80%

G8's targeted greenhouse gas emissions cut, although a timeframe was not given.

With only five months until a new UN climate pact is due to be agreed upon in Copenhagen, climate change organizations said the G8 had left much work to be done and ducked key issues.

China and India resisted signing up for a global goal of halving worldwide greenhouse gas emissions by 2050. The G8 statement also failed to pinpoint a base year for the 80 per cent reduction — saying it should be "compared to 1990 or more recent years" — meaning the target was open to interpretation.

"The world will recognize that today in Italy we have laid the foundations for a Copenhagen deal that is ambitious, fair and effective," said British Prime Minister Gordon Brown.

The G8 backed the creation of a global carbon trading market and a fund financed by rich nations to pay for technological change, but it fell short of the $100 billion US a year advocated by Britain's Brown and non-governmental groups. REUTERS

Chinese troops move into Urumqi

CHINA Banks of paramilitary police fanned out in the Chinese city of Urumqi yesterday to try to stifle unrest days after 156 people were killed in the region's worst ethnic violence in decades.

The city imposed an overnight curfew on Tuesday after thousands of Han Chinese, armed with sticks, knives and metal bars, stormed through its streets demanding redress and sometimes extracting bloody vengeance on Muslim Uighurs for Sunday's violence.

Many took to the streets again yesterday and even with helicopters hovering overhead there were scuffles in a volatile crowd of around 1,000 as police seized apparent ringleaders, prompting cries of "release them, release them."

Urumqi airport was crowded with people anxious to leave, the official Xinhua news agency said. "We fear Xinjiang is not safe any more," said one passenger who refused to be identified.

AMR ELNASCHIE/REUTERS

Chinese soldiers go up the stairs to an overpass to clear a gathering of Han Chinese in Urumqi yesterday.

Hotbed

- Xinjiang has long been a tightly controlled hotbed of ethnic tensions, fostered by an economic gap between many Uighurs and Han Chinese, government controls on religion, culture and an influx of Han migrants.

Their fear was borne out downtown. In one street, two young boys were surrounded by an angry mob, with dozens trying to pull them down and grabbing at their hair.

Internet access in the city was blocked yesterday except in the business centre of one hotel for foreign reporters.

Russia put its support firmly behind China, saying the violence was a purely internal affair. REUTERS

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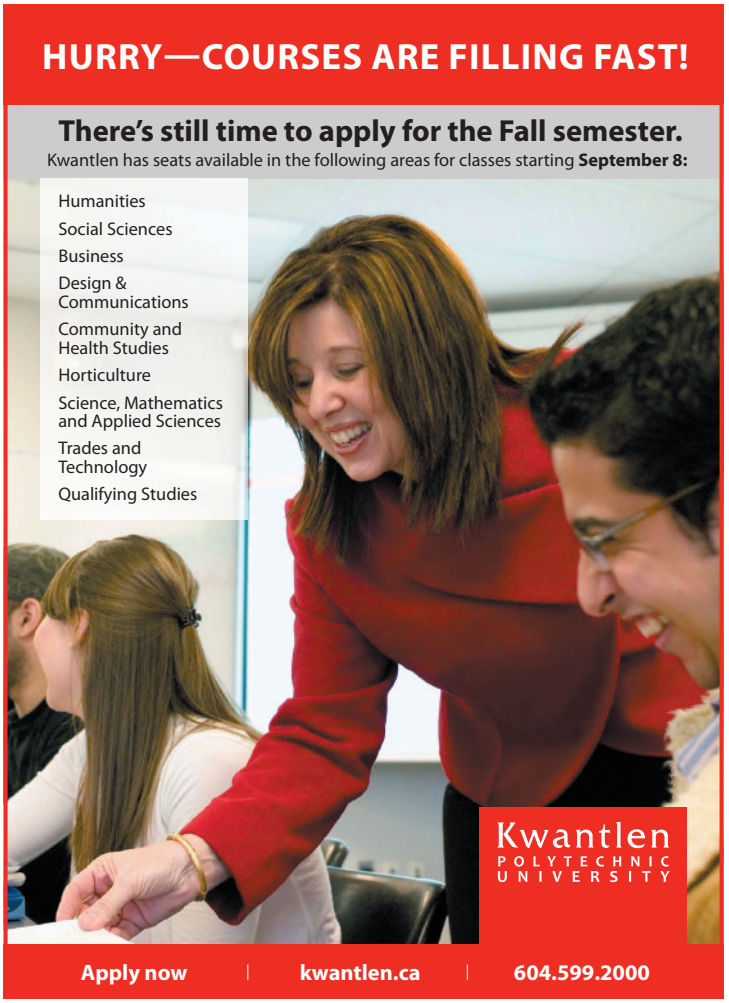
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Africa's biggest energy producer further crippled
A prominent militant group sabotaged oil pipelines operated by Shell and Agip in Nigeria yesterday. REUTERS

HENRY ROMERO/REUTERS

A supporter of Honduras' ousted President Manuel Zelaya holds a sign as he takes part in a road blockade on the outskirts of Tegucigalpa yesterday. The poster reads: "No more blood."

Political rivals open talks on Honduras

The two rivals in Honduras' political crisis prepared yesterday to open talks on possible solutions to last month's coup, but a quick breakthrough looked unlikely.

Ousted Honduran President Manuel Zelaya was flying to Costa Rica for today's meeting under Costa Rican mediation with the leaders of the June 28 coup.

Zelaya, boosted by widespread international condemnation of his ouster, insists only his immediate return to office can restore order and prevent further unrest in his coffee and textile exporting country, one of the poorest in the Americas.

U.S. President Barack Obama's administration, facing a major test of its promise to improve ties with Latin America, has condemned the coup and supported Zelaya despite expressing misgivings about his policies and political allegiances.

The interim government installed by Honduras' Congress after the coup insists Zelaya's removal was a lawful defence of the constitution.

It says the deposed president, who had angered the country's traditional ruling elite with a shift to the left, was acting unlawfully by seeking to remove limits on presidential terms.

Heading the caretaker government, Roberto Micheletti has agreed to today's talks but says he will not negotiate Zelaya's return to power, posing a challenge to mediator President Oscar Arias of Costa Rica.

Zelaya, who has dismissed Micheletti's administration as a "government of coup plotters" and says he is guilty of treason, also expressed reservations about meeting with those behind his ouster. REUTERS

Violence continues to plague Iraqis

MORE BLOODSHED Two car bombs exploded within minutes of each other yesterday in the northern Iraqi city of Mosul, killing 14 people and wounding 33, police said.

The first went off in a residential area of northern Mosul, home to minority Shabaks, killing one person and wounding six people, said a police official.

The second exploded about 10 minutes later near a Shiite mosque several kilometres away in another Shabak area of the city, killing 13 people and wounding 27.

U.S. combat troops withdrew from central Mosul, as they did from the centres of other towns and cities, at the end of last month as part of a plan to withdraw all U.S. troops by 2012.

The withdrawal, mostly to bases at the edges of cities, shifts the burden for keeping Iraqi streets safe mainly on to local police and soldiers, whose ranks have been rebuilt after they were disbanded by U.S. officials in 2003.

Also yesterday, an Iraqi soldier was killed at an army checkpoint in Mosul. REUTERS

Danger zone

- Mosul, a volatile ethnic and religious mix of Arabs, Kurds, Christians and other minorities, has become Iraq's most violent city, while the bloodshed that followed the U.S.-led invasion in 2003 has declined in the rest of the country.

News in brief

DRUG WARS A massive army surge has failed to calm raging drug gang violence in Ciudad Juarez, a Mexican city on the U.S. border that is at the heart of President Felipe Calderon's drug war. An influx of 10,000 troops and federal police in March brought temporary calm, but three months later drug murders have resumed and are overtaking 2008 levels, according to police and media tallies. Calderon is under extra pressure to deliver on security as Mexico's slumping economy hits his popularity.

PLANE CRASH The head of Air France-KLM said yesterday it was not unusual that a slew of messages sent shortly before one of its planes crashed last month had not triggered an immediate reaction among staff. Pierre-Henri Gourgeon told newspaper Le Figaro that a technician had no reason to suspect the seriousness of the situation when he saw 24 automatic messages had been sent by the Airbus before it plunged into the Atlantic. REUTERS

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Mortgage company, 13 others indicted in $12M real-estate fraud

New York prosecutors yesterday said 13 people and a mortgage origination company have been indicted on charges of running a multimillion-dollar real-estate fraud that cheated lenders through sham sales. The indictment charges the defendants with 19 fraudulent mortgage transactions totalling more than $12 million US. REUTERS

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Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

WestJet adds 11 new flights

Calgary-based Westjet Airlines said yesterday that it is adding 11 new destinations in the U.S. and the Caribbean next winter in what it described as its biggest seasonal expansion to date.

While the growth spurt could be viewed as an attempt to steal market share from struggling rival Air Canada, one analyst noted WestJet Airlines is pressing ahead with its expansion plans in the face of a weak economy that has caused a pullback in travel spending.

Rick Erickson, a Calgary-based independent aviation consultant. said WestJet appears to be gambling that the downturn will ease in the near future.

WestJet's new U.S. destinations are Lihue, Hawaii; Miami, and Atlantic City. Its new international routes are Varadero, Cayo Coco and Holguin in Cuba; Ixtapa and Cozumel in Mexico; St. Martin; Providenciales, Turks and Caicos; Freeport, Bahamas.

Meanwhile, Air Canada's recent efforts to be more customer friendly in a bid to protect market share and preserve cash during the current economic downturn may be "too little, too late," an equity analyst warned yesterday.

Fadi Chamoun, an analyst at UBS Investment Research, said the outlook for the airline remains bleak as profitability is hampered by weak demand and frequent seat sales. TORSTAR NEWS SERVICE

Google takes aim at Microsoft with new PC operating system

COMPUTERS Google Inc. plans to attack Microsoft Corp.'s core business by taking on the software giant's dominant Windows operating system for personal computers. Google, which already offers a suite of email, web and other software products, said Tuesday it would launch a new operating system that will initially be aimed at netbooks.

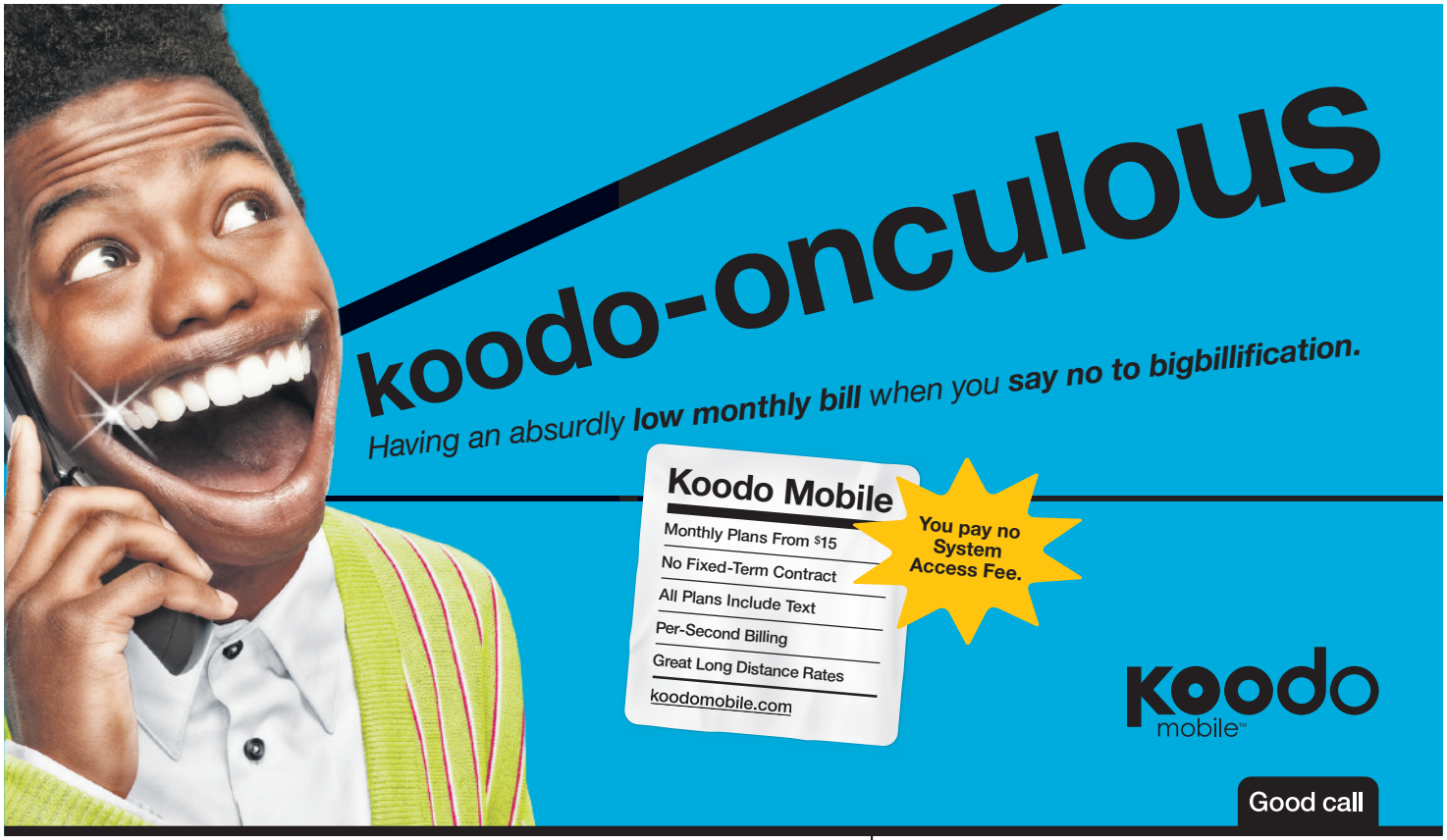
Called the Google Chrome Operating System, the new software will be in netbooks for consumers in the second half of 2010.

"It's been part of their culture to go after and remove Microsoft as a major holder of technology, and this is part of their strategy to do it," said Rob Enderle, principal analyst at Enderle Group. "This could be very disruptive. If they can execute, Microsoft is vulnerable to an attack like this, and they know it," he said. REUTERS

Business in brief

AUCTION A Toronto wealth management firm has won last month's charity auction of a steak lunch with Warren Buffett, paying $1.97 million to dine with the world's second-richest person. Salida Capital Corp. was the top bidder in the auction, which ended June 26. The auction benefited the Glide Foundation, a San Francisco nonprofit.

OTTAWA Quebec will fight the federal government in court over plans to create a national securities regulator, accusing Ottawa of trampling on provincial powers. REUTERS



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Crosby print stolen from Tim Hortons

A crook made off with a limited edition Sidney Crosby print from the Strathmore Tim Hortons in Alberta, RCMP said yesterday. Police allege the man waited until staff weren't looking before lifting the print from the wall and fleeing. The photo includes a 1993 Timbits hockey card with Crosby as a youth. METRO CANADA

Sports

Koivu signs with Ducks

The Anaheim Ducks announced yesterday that the club has signed long-time Montreal Canadiens captain and free agent forward Saku Koivu, left, to a one-year contract. Terms of the deal were not disclosed, but the Montreal Gazette reported the deal is worth $3.25 million US. Koivu, 34, departs the Canadiens, the only NHL club he's known, after 792 regular-season games since the 1995-96 season. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

McNair a victim of murder-suicide: Cops

SHOOTING Jealousy drove Steve McNair's 20-year-old girlfriend to kill the former star NFL quarterback while he slept and then herself, the Nashville police chief said yesterday.

Sahel Kazemi shot McNair, 36, in the head while he dozed on the couch of his condominium in the early hours of Saturday, then pumped three more bullets into his head and body, police said.

Steve McNair

She then sat down beside him and shot herself in the head, apparently intending to fall into his lap. Her body later slid to the floor of McNair's shared rented condominium.

"We think in the last five to seven days of her life many stresses were affecting her, with one of those doubts whether her relationship with Mr. McNair was unravelling," Police Chief Ronal Serpas told reporters.

"We have no evidence that anyone else was involved," he said.

Kazemi was working as a waitress in Nashville when she met McNair, who bought her a Cadillac sports utility vehicle and took her on vacations.

Several days before the slaying, Kazemi had seen someone she thought might be McNair's new girlfriend leaving the apartment, and followed her, the chief said.

Kazemi, who came from an immigrant Iranian family, bought a gun for $100 after concluding McNair, who was married with four sons, had a new girlfriend, Serpas said.

Her relatives have said she believed McNair planned to divorce his wife and marry her, though no divorce papers were ever filed. Police said Kazemi was also worried about money.

A memorial service was scheduled for today at Nashville's LP Field, with burial in McNair's native Mississippi. REUTERS

CHARLES PLATIAU/REUTERS

Competitors cycle during the fifth stage of the 96th Tour de France yesterday between Le Cap d'Agde and Perpignan.

Voeckler takes stage at Tour

Cancellara holds yellow jersey, Armstrong still within one second

Frenchman Thomas Voeckler timed his move to perfection to clinch a maiden Tour de France win after an early breakaway surprised the sprinters' teams yesterday.

Bouygues Telecom rider Voeckler attacked a group of breakaway riders with less than five kilometres to go in the 196.5-km fifth stage from Cap d'Agde to Perpignan and crossed the line seven seconds ahead of Russian Mikhail Ignatiev.

"I waited for so long for this to happen I had almost ceased to believe in my chances to win a Tour stage."
Thomas Voeckler

"I waited for so long for this to happen I had almost ceased to believe in my chances to win a Tour stage," Voeckler told reporters.

Briton Mark Cavendish won the peloton sprint to take third place, also seven seconds adrift of Voeckler, according to provisional results.

Swiss Fabian Cancellara retained the overall leader's yellow jersey after finishing safely in the pack and still leads seven-times champion Lance Armstrong by a fraction of a second.

American Armstrong and Astana teammate Alberto Contador of Spain had a quiet day.

"It was an interesting day. Everybody anticipated the wind with what happened two days ago," Armstrong told reporters.

"We stayed out of trouble."

Frenchmen Anthony Geslin and Voeckler, Belarussian Yauheni Hutarovich, Dutchman Albert Timmer, Ignatiev and Poland's Marcin Sapa broke away in the early stages and built a maximum gap of nine minutes. REUTERS

SCOREBOARD

MLB

AMERICAN LEAGUE

YESTERDAY

Tampa Bay 10 Toronto 9
Baltimore 5 Seattle 3
Boston 5 Oakland 4
Chicago White Sox 5 Cleveland 1
Detroit 3 Kansas City 1
N.Y. Yankees 4 Minnesota 3
Texas 8 L.A. Angels 1

TODAY

Toronto at Tampa Bay
N.Y. Yankees at Minnesota
Cleveland at Chicago White Sox
Kansas City at Boston
Texas at Seattle

NATIONAL LEAGUE

YESTERDAY

Arizona 6 San Diego 2
Atlanta 4 Chicago Cubs 1
Colorado 10 Washington 4
Florida 7 San Francisco 0
Houston 5 Pittsburgh 0
Milwaukee 5 St. Louis 4
N.Y. Mets 5 L.A. Dodgers 4
Philadelphia 3 Cincinnati 2

TODAY

St. Louis at Milwaukee
Cincinnati at Philadelphia
L.A. Dodgers at N.Y. Mets
Washington at Houston
Atlanta at Colorado
Florida at Arizona
San Diego at San Francisco

CFL

TONIGHT

Edmonton at Montreal

TOMORROW

Calgary at Winnipeg
Hamilton at B.C.

Sports in brief

CHICAGO The Chicago Blackhawks have agreed to terms with left wing Kris Versteeg on a three-year contract. Versteeg, 23, was named to the All-Rookie Team as he led all first-year players with 31 assists while ranking second with 53 points and fourth with 22 goals in 78 regular-season games with the Blackhawks. Also, he added four goals and eight assists in 17 playoffs games.

GOLF Former U.S. Masters champion Trevor Immelman will miss next week's British Open at Turnberry because of a persistent injury to his left wrist. Immelman said he hoped to return for the Canadian Open the week after Turnberry. METRO NEWS SERVICES

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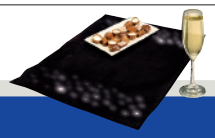

Lighted placemats
Sylvania's new line of LED items includes lighted placemats. Perfect for creating a great presentation for a special someone. See Sylvania.com for more. METRO NEWS SERVICES

Metro Homes

Sylvania goes LED
Sustainable lighting technology never looked so good with Sylvania's latest line of LED displays, from table runners, left, to hallway guide lights, bottle toppers and colour changing coasters. See Sylvania.com for more.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

The return of the cottage

Suite Talk

Cottage country is catching on in Western Canada with the launch of Phase 2 of The Cottages at Cultus Lake, which is about 90 minutes outside of Vancouver.

A popular vacation tradition for generations in Ontario, the family cottage is finally coming to the forefront of summer activities in British Columbia.

Close to 50 cottages have already been built and another 40 are underway at Cultus Lake.

Homebuyers purchasing in Phase 2 will also have access to "The Treehouse," a $5-million community centre.

This extensive 10,000-square-foot building features two outdoor pools, hot tubs, a fireside lounge, a games room, kids club, fully equipped business centre, fitness centre and outdoor barbecue.

"It was only a matter of time before B.C. residents realized the value in purchasing a legacy property to be enjoyed by family members of all ages and passed on to future generations," said developer Jon Van Geel of Cultus Country Investments Ltd.

"And Cultus Lake has been a cherished vacation spot for more than 50 years. It's a weekend getaway within easy driving distance."

When complete, the development will include 230 cottages. The cottage-style design includes gabled roofs, spacious front porches, and an open floor design.

The 45-acre project is bordered by Frosst Creek, a provincial park and a golf course.

METRO VANCOUVER

The cottages are available in a variety of floor plans and feature gabled roofs and attractive landscaping.

The open floor plans were designed for social gatherings.

Cultus cottages

- Cottages range from 966 to 1,900 square feet. Prices start at $339,000. For more information, visit cultuslakecottages.com or call 1-877-888-4950. E-mail inquiries can also be sent to info@cultuslakecottages.com

The $5-million, 10,000-square-foot "Treehouse" has two outdoor pools, a gym and a theatre among other amenities.

Selling homes in the summer can be a tough task

Summer is here. The great weather, the beaches, the vacations.

All these wonderful things we look so forward to can spell disaster for a homeowner looking to sell. Summer and Winter tend to be the slowest times of the year to sell a home so here are some things you can do to get the best deal with fewer buyers.

In a slow market, take advantage of the so called "looky-loos." These are people who may just book to view your unit even if they do not have any intention of buying.

While you may see it as a waste of your time to give top notch attention to those who are obviously not looking to buy, you never know if they have friends or family who may be a perfect match for your home. This means hosting open houses even when the streets are blocked off so that residents of the neighbourhoods who are passing by can have a look.

It is also a great idea to advertise in publications that also advertise for the events. Local publications with weekly advertisements for citywide events very often have a listing section for homes.

HouseLeague

Ryan DeLuca
metronews.ca/houseleague

Placing an add in these publications just prior to and during these events will be noticed by a larger percentage of readers than may normally pick up a paper when nothing is going on.

Make sure to not only advertise your home, but all open houses as well.

Similarly to last week's tips on construction noise, ensure that if you are showing your home during louder festivals, your home is well insulated against noise.

"Make sure to not only advertise your home, but all open houses as well."

Keep the windows closed and use a fan to circulate the air instead.

Let your neighbours know when you are hosting potential buyers so they can keep their celebratory noise to a minimum for the duration of your showing.

Let buyers know how often they can expect to hear the festival noise and when it ends.

It is easy for buyers to assume when they hear excessive noise outside, that your home will always be noisy even though this is not the case.

Ryan DeLuca is a realtor with Sotheby's International Realty Canada, and host of The Real Estate Minute on Novus TV; rdeluca@sothebysrealty.ca.

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Style

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EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

IT'S A GREAT ESCAPE!

Why not live like the beautiful peeps? Next stop: Paradise

Bon voyage To be immediately transported, crush a sprig of fresh mint, then let the beauty of this edgwood Anthemion cup and saucer do the rest (cup, $240, and saucer, $180, waterfordwedgwood.ca).

Modern bauble Unlock the secret to effortless style with an ultra-chic key from Tiffany & Co. ($230 to $3,300 each, tiffany.ca).

"Wish you were here" A holiday note on this swish stationery from Jack and Lulu will make them feel it—or, better yet, inspire them to come to you ($20, jackandlulu.com).

INSPIRATION

AUDREY HEPBURN ELEGANT AND GAMINE, THE ICONIC ACTRESS EMBODIED THE SPIRIT OF THE GOOD LIFE.

Hot to trot Miles to go before you sleep? Enlist Zoe & Zac's walking flats ($39.99, at select Payless ShoeSource stores).

Swept away Let the scent of vanilla mingle with the sea breeze. Guerlain Tiaré-Mimosa Eau de Parfum Spray ($56 for 75 mL, at Guerlain counters)

STUDIO ANDRÉ DOYON

Dream, girls This Sweet Cluster ring from Anthropologie captures the jet-set glam of tropical travel ($38, anthropologie.com).

Zooey Deschanel's indie spirit

By **NOREEN FLANAGAN**
Executive Editor

Zooey Deschanel's earliest notions about romance may have come from musicals such as Singin' in the Rain, but the 29-year-old actress says that she wasn't duped into believing in happily-ever-after endings. "I'm realistically romantic," she says. "My generation tends to be either overly cynical or too romantic."

In her latest film, (500) Days of Summer, Deschanel's character (Summer) skews to the cynical side of the love equation, whereas her co-star Joseph Gordon-Levitt plays a young man (Tom) who is hopelessly smitten. This tale of unrequited love chronicles the giddy highs and crippling lows that Summer and Tom experience during their 500-day relationship.

"Everyone has been a Tom or a Summer — or both — at some point," says Deschanel. "Both are difficult positions to be in. With one, you get all the feeling and emotion of the experience; with the other, you feel completely removed from the experience that somebody else is having with you."

To read these stories and more, visit: **ellecanada.com**

Editors' Pick

FRENCH KISS

Denis Gagnon collaborated with Fullum & Holt (the Montreal leather-goods brand) to create a line of chic handbags ($550 each, fullumandholt.com).

The grocery store sells flour.
Thomas Hobbs Florist sells flowers.

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Food for thought

An international food safety body has set rules to cut levels of cancer-causing chemicals and bacteria in foodstuffs ranging from French fries to baby food, the U.N. Food and Agriculture Organization said this week. REUTERS

Food

Peaches are picked when mature but firm for the journey to market; most will need a little extra ripening at home.

CANADIANLIVING.COM

Ripening

Keep them at room temperature out of direct sun until ripening begins. Sealing them in a paper bag can speed the process.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Canadian Living magazine is on sale now!

Canadian Living recipe of the month

Pork dinner, peach dessert

The dishes in this meal features light, fruity flavours

Lemon Mint Pork Tenderloin

SERVES 4-6
PREP TIME: 15 MINUTES
COOK TIME: 15 MINUTES

INGREDIENTS:

- 1 tbsp (15 ml) grated lemon rind
- 3 tbsp (45 ml) each lemon juice, extra-virgin olive oil and liquid honey
- 1 tbsp (15 ml) chopped fresh mint
- 1 clove garlic, minced
- 2 pork tenderloins (each 12 oz/375 g)
- 1/4 tsp (1 ml) each salt and pepper

METHOD:

In large bowl, whisk together lemon rind and juice, oil, honey, mint and garlic. Add pork, turning to coat; cover and refrigerate for 10 minutes or for up to 8 hours.

Place pork on greased grill over medium-high heat; brush with any remaining marinade. Close lid and grill, turning once, until juices run clear when pork is pierced and just a hint of pink remains inside, 15 to 20 minutes.

Transfer to cutting board and tent with foil; let stand for 5 minutes before carving into 1 cm-thick slices. Sprinkle with salt and pepper.

YVONNE DUIVENVOORDEN

TESTED TILL Perfect

Canadian peaches are available from mid-July through late September. Pick up local peaches for the freshest taste.

Peach and Blackberry Cornmeal Cobbler

If you can't find any blackberries, use raspberries instead. Serve warm with a scoop of vanilla ice cream for a homey and comforting dessert.

SERVES 6-8

INGREDIENTS:

- 7 cups (1.75 L) sliced pitted peeled firm ripe peaches
- 1 cup (250 ml) blackberries
- 1/3 cup (75 ml) granulated sugar
- 2 tbsp (25 ml) cornstarch
- 1 tbsp (15 ml) lemon juice

Cornmeal topping:

- 1 cup (250 ml) all-purpose flour
- 1/2 cup (125 ml) cornmeal
- 1/4 cup (50 ml) granulated sugar
- 1 tsp (5 ml) grated lemon rind
- 1 tsp (5 ml) baking powder
- 1/4 tsp (1 ml) baking soda
- 1/4 tsp (1 ml) salt
- 1/3 cup (75 ml) cold unsalted butter, cubed
- 2/3 cup (150 ml) milk

METHOD:

In large bowl, gently toss together peaches, blackberries, sugar, cornstarch and lemon juice; scrape into 8-inch (2 L) square glass baking dish.

Cornmeal topping:

In large bowl, whisk together flour, cornmeal, sugar, lemon rind, baking powder, baking soda and salt; using pastry blender or two knives, cut in butter until crumbly. Drizzle with milk, stirring to form soft, sticky dough. Drop topping by 1 tbsp (15 mL) onto peach mixture.

GEOFF GEORGE

Bake in 375°F (190°C) oven until bubbly and biscuits are golden and no longer doughy underneath when lifted, about 50 minutes.

- Make-ahead: Let cool. Cover loosely with foil and refrigerate for up to 24 hours; reheat in 350°F/180°C oven for about 30 minutes.
- Looking for a crisp, light coleslaw to accompany the tenderloin? Visit metronews.ca/food for a Classic Coleslaw Plus recipe.

online

For more Tested-Till-Perfect recipes, visit canadianliving.com

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Grilling grapes

With queries regarding my favourite Michael Jackson performance finally petering out (and for the record it's The Jacksons' Blame It on The Boogie) my July begins to return to normal with every second person asking me: "What's a good wine to serve at my next barbecue?"

Now when someone rolls ever grilling opportunity in the singular description of "barbecue" I assume they really mean hamburgers and hotdogs rather than a well planed menu worthy of Bobby Flay.

The trouble with finding a liquid partner for burgers and weenies is all the extras. Ketchup, relish, mustard and spicy sauces can generally work out a compromise with medium dry white wines (and cold beer) but they can wreak havoc on a red.

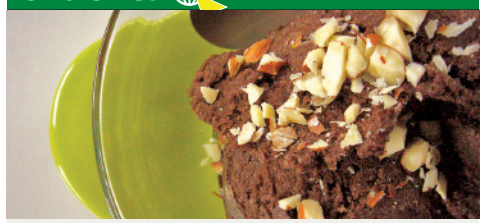
Reds that are gulpable (like a fine brew) make the best match and the **2006 Fish Eye Shiraz ($8.95 - $10.99)** from California fits the bill with its soft, cherry/red licorice sweetness, subtle tannins and fresh flavour trail.

While **Peter Lehmann's 2005 Clancy's Red ($17.99 - $19.87)** is an Aussie meld of shiraz, cabernet sauvignon and merlot it isn't your typical Barossa Valley bruiser. Well-balanced and plum-infused it makes nice with even the most aggressive condiments.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

On the web



Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/global-peasant to read Diane's raw ice cream recipe — Chocolate Banana Ice Cream.

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Taste of Victoria
Looking for a road trip? Taste of Victoria's first annual Festival of Food and Wine kicks off on July 16 at the Victoria Conference Centre's Crystal Garden. Sip over 150 different B.C. wines and nibbles from the island's top chefs. Visit victoriataste.com for more info. METRO NEWS SERVICES

Urban Foodie

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Cozy Italian comes to West End

ANYA LEVYKH
anya.levykh@gmail.com

Nook
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604-568-4554
nookrestaurant.ca

Signature Drink: Bellini
Signature Dish: Ricotta Pizza
Rating: ●●●●½
Dinner & drinks for 2: $60

The menu's Italian, but the room could be right out of a bistro in the Latin Quarter. Tiles, mirrored walls, and bright red bar stools emphasize the comfort factor. The menu is beyond simple. A few pastas, pizzas and mains, some good antipasti, and a couple of desserts is about as complicated as it gets. A fresh sheet offers a few extra choices, but simplicity seems to be du rigueur.

We started with the buffalo mozzarella salad ($10) off the fresh sheet. Yes, it was real buffalo mozzarella, from Vancouver Island, drizzled in an olive oil so pure, I could practically smell the leaves. Chicken liver crostini ($6) were enormous, fresh and surprisingly moist. Crisped onions on top was just a bonus. Gnocchi with aromatic mini meatballs ($15) were delicate, fluffed-up pillows that almost dissolved on the tongue.

We made the mistake of ordering another main, the ricotta pizza ($14). Mistake, because we were already full, so we could only work our way through a couple of slices before giving up and getting it wrapped up to go. A paper-thin crust under black olives and sweet red peppers was crisp and chewy, albeit a tiny bit overcooked around the edges. No room for dessert this time around, but we'll be back soon.

On the web
- Read the full article online at metronews.ca/vancouver/columnist/40411.
- Chew more on Anya's blog at metronews.ca/vancouver/blog/136310.

ANYA LEVYKH/FOR METRO VANCOUVER
Chicken liver crostini with capers and crisped onions.

Mendoza's Cabernet Sauvignon

This mountainous region of Argentina is better known for its Malbec production, but a growing interest in Cabernet Sauvignon has yielded some interesting results, like the 2007 Pascual Toso. The high altitude and stony soil makes for an interesting palate of blackberry, dark chocolate and toast. Concentrated tannins require a little breathing space. Match with roasted meat or strong cheese, or both. BCLS $13.99.

Dining out

BEFORE THE SHOW
Crime Lab Restaurant (550 Denman St.) is now offering a three-course pre-theatre menu daily between 4 p.m. and 7 p.m. for $29. Choose from sockeye salmon, Guinness cheddar prime rib burger, crème caramel and more. Call 6041-568-4606.

BIODYNAMIC?
Hamilton Street Grill (1009 Hamilton St.) will be hosting a $25 wine tasting of the organic and biodynamic wines from Emiliana Orgánico on July 13 and 14 at 5:30 p.m. Includes three wines and three food tasters. Call 604-331-1511.

In brief

COAST Restaurant has officially opened in its new digs at 1054 Alberni Street, along with the brand new O Lounge.

THE OLD The old Wingnuts location at 4444 Main St. will soon be home to more upscale comfort-food. Chaise Lounge is scheduled to open in the next two weeks.

ANYA LEVYKH/
FOR METRO VANCOUVER

ADVERTISING FEATURE

Urban Eats

DOCKSIDE RESTAURANT
in the Granville Island Hotel

Located dockside in the Granville Island Hotel, the Dockside Restaurant offers great food and fantastic city, water, and mountain views.

The heated patio faces the marina and is almost entirely surrounded by water. Bustling Granville Island Public Market is a heartbeat away.

Chef Brian Fodor specializes is locally sourced West Coast Cuisine.

Open for breakfast, lunch and dinner, its the perfect way to either start or end your day. Come and spend some time on the dock with us at the Dockside Restaurant.

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Cause of Jackson death 'deferred'

With toxicology tests still being conducted, Michael Jackson's cause of death is listed as "deferred" on his official death certificate, which was issued Tuesday, the same day as his private funeral and public memorial. **PEOPLE.COM**

Entertainment

Dinner in Paris

Britney Spears treated her boys Sean, 3, and Jayden, 2, to dinner at the Eiffel Tower Tuesday in Paris. "Just had dinner with my boys at the Eiffel Tower," she wrote on Twitter. "So beautiful." USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Infectious rural roots

Rural Alberta Advantage

Album: Hometowns
Label: Saddle Creek/Outside
Rating: ●●●●½

LISTEN TO THE Rural Alberta Advantage and you'll likely feel two things: Refreshed and inspired. This Toronto band — singer Nils Edenloff hails from Edmonton — delivers a fascinating listen, combining rollicking indie rock and barn burning roots with non-stop percussion. Edenloff doesn't have the cleanest voice, but his forceful, scratchy pipes, and the album's lo-fi recording, makes this listen much more immediate. The subject matter isn't original; songs about home, in this case Alberta, is so Canadian, but they avoid nostalgia, making this an easily relatable record. Definitely one of the most infectious albums of the year.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

Maxwell

Album: BLACKsummers' night
Label: Sony Music
Rating: ●●●

FOR HIS FIRST studio outing in eight years, Maxwell continues to push an encouraging trend in contemporary R&B circles, returning to old school seductive soul in the style of Marvin Gaye and Al Green. The Brooklyn native has the voice for it, demonstrating a note-bending falsetto that, at times, rivals that of Aaron Neville. Yet, there's a banality to the "I've-got-a-Jones-for-you" lyrics that holds this record back. The true star here is the work of producer Hod David and his remarkable band, driven by a three-part horn section and the fluttering organ of Shedrick Mitchell. Maxwell would be wise to keep the band together for the next installments in this trilogy.

Graham Rockingham/for Metro Canada

MusicReviews

music@metronews.ca

Son Volt

Album: American Central Dust
Label: Rounder
Rating: ●●●½

SON VOLT PUTS away the psychedelic effects and delivers a straight up slice of rootsy, well-crafted Americana. Singer-guitarist Jay Farrar writes songs for rust belt victims and lost cowboys. He gets extra points for penning an empathetic song (Cocaine and Ashes) about Keith Richard's admission that he snorted his dad's crematory ashes. It's that kind of twisted sentiment that keeps this band a cut above most other alt-country outfits.

Graham Rockingham/for Metro Canada

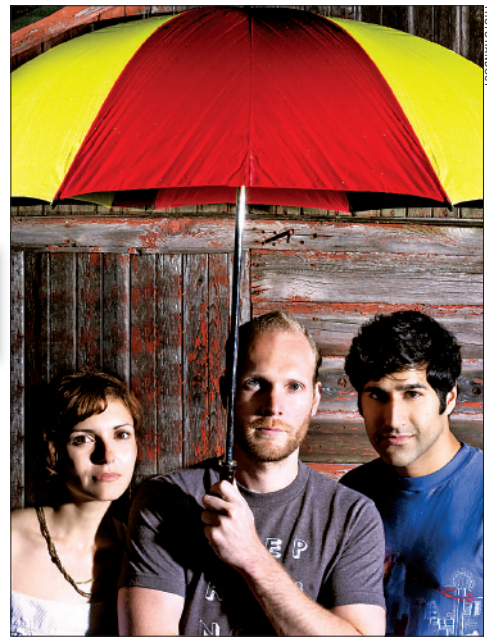
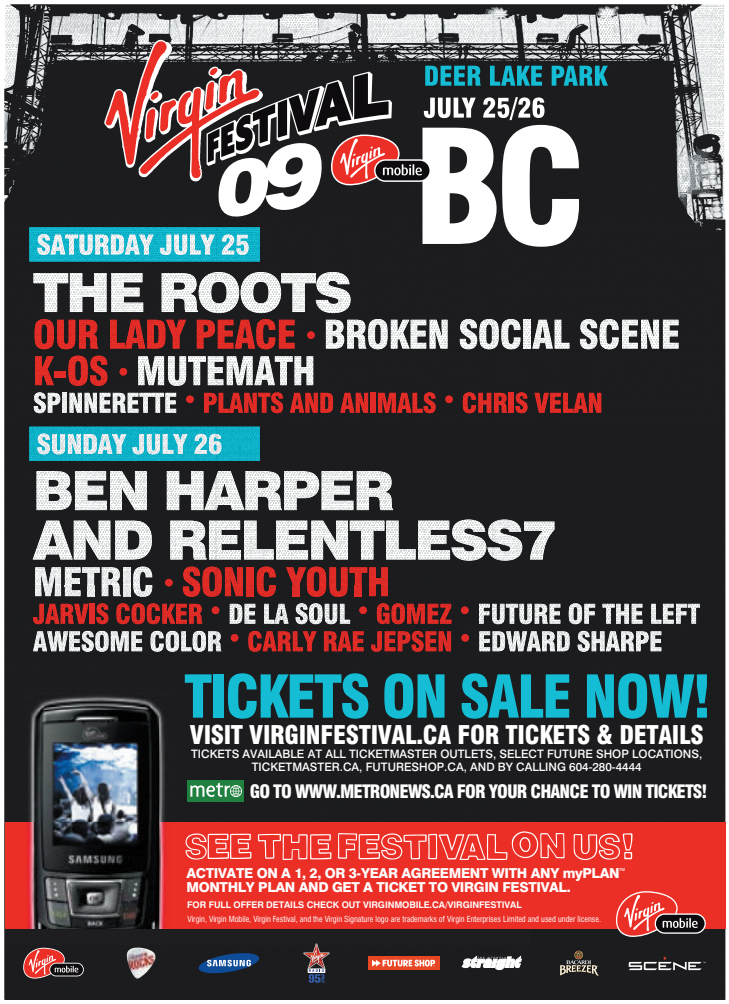


PHOTO: HANDOUT

Hometowns is the new album from Rural Alberta Advantage.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Can there be another Michael Jackson icon in Internet era?

The extravagant mourning for Michael Jackson has some critics wondering whether the pop singer's global superstardom could ever be duplicated in an Internet era offering endless entertainment choices.

GETTY IMAGES

The New York Times' David Segal writes that the Internet has probably spelled the end of fame on the level achieved by Jackson.

Jackson's sudden June 25 death caused an outpouring of praise for the singer, whose 1982 Thriller album is the best-selling of all time with estimated sales of 50 million copies. In death, Jackson's personal scandals no longer seemed so important to his fans and those caught up in the moment.

"In the world of YouTube, no one could occupy the worldwide effect of Michael Jackson's Thriller," said Jonathan Taplin, a University of Southern California professor. "I was scouting a movie for Walt Disney in 1983 in Congo, Gabon and Ivory Coast. All you heard on the radio was Michael Jackson," said Taplin.

The Internet has joined the world together in new ways and can elevate unknowns to stardom in an instant, as illustrated by Susan Boyle, the dowdy British singer who shot from obscurity to international fame when her performance on a British talent show was posted on YouTube.

But such fame is fleeting and one Internet sensation is quickly replaced by another. "There will be thousands of Susan Boyles, but no Michael Jacksons or The Beatles," Taplin said.

Before the emergence of cable TV and then the Internet, tens of millions of people regularly tuned into the same hit shows at the same time. Now, the Internet has flooded the world with choice and diluted audiences.

Dubbed the King of Pop, Jackson, 50, sang with his brothers in the Jackson 5 before achieving solo stardom with hits like Billie Jean and Beat It, which he promoted with boundary-breaking videos on cable music video network MTV.

But MTV no longer plays hours of prime time music videos and the Internet allows anyone to post songs and videos online. The New York Times' David Segal wrote that this probably spelled the end of fame on the level achieved by Jackson.

"That's why even Michael Jackson would have a hard time becoming Michael Jackson these days," he wrote. "There is something sad about our infinite menu of options. It could very well mean the end of true superstardom." **REUTERS**

Bad Brüno, bad

Emil Brix, Austria's new ambassador to Britain, has called for a boycott of Sacha Baron Cohen's film Brüno because of its "cheap" jokes. The film follows Cohen as the eponymous gay Austrian fashionista trying to become a celebrity in the US. FEMALEFIRST.CO.UK

BFF to Paris: I'm not that into you

Reality winner doesn't want to hang with Hilton — she wants to launch a perfume

MEL DARK
for Metro Canada

Brittany Flickinger, winner of Paris Hilton's My New BFF, season one, is "over it."

Standing in Toronto's Betsey Johnson boutique, Flickinger has a confident air that says, "Let's get the effin' BFF questions out of the way, if you don't mind."

You get the impression this girl is more no-nonsense tough than pink fluff. With the help of bed head and a few squirts of hairspray, she's effortlessly achieved the rock star look. "My hair is gross and awesome. I love it." she says.

So, to get the BFF question out of the way. No — they are not still in contact. The "bestie" facade was short lived.

They're not party sidekicks, they're not shopping partners, they don't swap boy stories over sushi or call each other up in a drunken stupor at 3 a.m. End of.

PHOTO: JOSH CORNELL. STYLIST: AMY LU/JUDY INC.. CLOTHING: BETSEY JOHNSON

Brittany Flickinger, winner of Paris Hilton's My New BFF, season one, poses during a recent photo shoot in Toronto.

According to Flickinger, Hilton's world is one big shallow party. Are we surprised? "It's going to take Paris a lot more BFF shows to find someone who'll tolerate her," she says.

Although the 24-year-old from Boston is currently based in LA, she's not yet acclimatized to the scene, preferring grittier cities like Chicago, NYC and of course, Toronto.

Since the show ended, Flickinger has become a celebrity in her own right, travelling the globe for a series of appearances and endorsements.

From the MTV Video Music Awards in Japan and Australia to an appearance at the MMVAs in Toronto, we caught up with her just before she left for the Calgary Stampede.

"It's going to take Paris a lot more BFF shows to find someone who'll tolerate her." Brittany Flickinger

Asked if she's overwhelmed by all the attention, she replies, "Meh, not really." After all, she was a high fashion model for five years and went on to front a band in Las Vegas, so flash-happy photographers are no biggie.

Her primary goal is her music (look out for details of an upcoming collaboration). A fashion line is also on her wish list; outfits that scream "dirty indie kid." In her own words, "I like to take what a guy wears and change its shape into a sexy girl version." But she'd also like to try the acting thing. And a perfume would be great, of course.

So are there many contenders for Flickinger's BFF? Well, obviously. But she's only interested in "real" friends — the kind that take you off speaker phone once in a while.

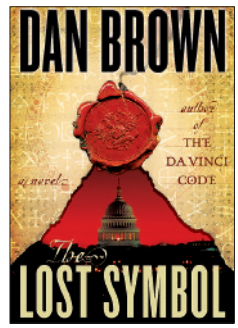
Da Vinci Code sequel set in Washington, D.C.

BOOKS Author Dan Brown is moving to Washington, D.C., for the follow-up to his successful conspiracy theory novel The Da Vinci Code, publisher Random House said yesterday.

Brown's latest novel, The Lost Symbol, will be published Sept. 15 and again features the fictional, mystery-solving Harvard symbologist Robert Langdon, with the story taking place over a 12-hour period.

The location and plot of the book had been kept under wraps until the publisher released two jackets for the book to kick off a promotional campaign that includes online puzzles and codes. The U.S. cover features a picture of the Capitol with a red wax seal against a background of symbols, while the cover for Britain and Australia has the Capitol and a key with a square and compass.

Brown's U.S. editor, Jason Kaufman from Knopf Doubleday, an imprint of Random House, said in a statement that the book is "largely" set in Washington but "it's a Washington few will recognize."



Dan Brown's The Lost Symbol will be published on Sept. 15.

"As we would expect, he pulls back the veil — revealing an unseen world of mysticism, secret societies, and hidden locations, with a stunning twist that long predates America," said Kaufman. The release of the covers will give Brown's fans plenty of fodder for speculation in the lead-up to the book's launch.

REUTERS

Jackson album sales rocket even higher

MUSIC On the day the world said goodbye to Michael Jackson, his star continued to shine on Billboard's charts. Based on preliminary sales numbers from Nielsen SoundScan, Jackson's catalogue of solo albums sold a whopping 800,000 copies in the U.S. in the tracking week that ended at the close of business Sunday. That's an increase of 90 per cent from the previous week.

A jump in sales was expected, since this was the first full week of sales since Jackson's passing on June 25. Most physical retailers sold out of Jackson albums in the days after his death, but last week Sony Music Entertainment and Universal Music Group replenished brick-and-mortar stores with CDs. REUTERS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/9/09	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Doc Zone (CC)		Doc Zone (CC)		CBC News: The National (N)		Stampede
	255	358	6 JOY	E! News (N)	The Insider	How I Met	'Til Death (N)	True Hollywood Story (N)		The Beast (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	Corner Gas	Hollywood	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		(:01) The Listener (N) (CC)		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	Smallville "Hypnotic" (CC)		Supernatural "Home" (CC)		Scrubs (CC)	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Big Brother 11 (CC)		Harper's Island "Gasp, Sigh" The killer is revealed. (CC)				News (N)
	256	389	12 VI	The Road to Avonlea		Greek (CC)		Grey's Anatomy (CC)		(:02) Private Practice (CC)		News (N)
	253	359	13 CITY	Law & Order: SVU		30 Rock	Scrubs (CC)	According-Jim	(:31) 30 Rock	(:01) Law & Order: UK (CC)		The CityNews
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Smallville "Instinct" (CC)		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Brother 11 (CC)		CSI: Crime Scene Invstgtn.		(:01) The Mentalist (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	30 Rock	The Office	The Office	(:31) 30 Rock	(:01) The Listener (N) (CC)		News (N)
	602	568	19 W	Style by Jury	Friends (CC)	Divine Design	House	Confidential	House	Divine Design	Love It-List It	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Samantha	Samantha	Grey's Anatomy (CC)		(:02) Private Practice (CC)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	The Death and Life of Bobby Z (2007, Suspense) Paul Walker.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Field Guide	Doc Martin (CC)		Kingdom (CC)		Masterpiece Mystery! (CC) (DVS)		
	290	382	28 FOX	Two/Half Men	Two/Half Men	Bones (PA) (CC)		So You Think You Can Dance		News (N) (CC)		Family Guy
	-	364	29 PBS	MI-5 Tom goes undercover.		Red Green	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		This-House	Yankee Shop
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	Smallville "Instinct" (CC)		Supernatural (CC)		KTLA Prime News (N) (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	68 STR	News (N)	News		Late Show-Letterman	Late Late Show			Will & Grace	Seinfeld
news	502	390	26 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
	500	500	48 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball Texas Rangers at Seattle Mariners. From Safeco Field in Seattle. (Live)						Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	CFL Football	SportsCentre (Live) (CC)			Premier League Poker III (N)		Premier League Poker III (N)		SportsCentre
	411	457	49 OLN	Cycling: Tour de France		Cycling Tour de France -- Stage 6. From Gerone to Barcelone. (CC)						Departures
	410	403	24 SCR	Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score	Final Score	Final Score
	417	406	45 SC	NASCAR Race	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out		NASCAR Racing: Sprint Cup Qualifying		
	416	409	144 GLF	Fútbol Copa Oro 2009: México vs. Panamá. (Live)				MLS Weekly	Toronto-Today	Gol TV News	Gol TV News	Gol TV News
family	552	543	25 YTV	Family Biz	Family Biz	Malcolm-Mid.	Futurama	In Real Life "Farm Frenzy"		Falcon Beach "Wake Jam"		Mystery Hnt.
	555	545	50 TEL	Jimmy Two	Total Drama	6TEEN (CC)	6TEEN	Futurama	Blade II ★★ (2002, Horror) Wesley Snipes. Premiere.			
	557	541	51 FAM	Wizards-Place	Han. Montana	The Suite Life	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	55 TRE	Comfy Couch	Zigby	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Recreat. Eden	Into the Wild	Voyages of Discovery		Art	Lost Gods	World of Albert Kahn		On Screen
	575	583	60 CMT	Hope & Faith	Hope & Faith	Tuckerville	Wilkinsons	The Blue Collar Comedy Tour				Hope & Faith
	570	580	42 MM	Video on Trial	Born to Be	One Tree Hill (CC)		Paris Hilton's My New BFF		Technical Diff.	Technical Diff.	Spotlight
	600	564	43 H&G	House	House	Holmes on Homes (CC)		Disaster DIY	Big Amazing	Handyman Superstar		House
	615	520	61 A&E	Crime 360 "Nowhere to Run"		LA Gang Unit	LA Gang Unit	The First 48 (CC)		Crime 360 "Indianapolis"		Crime 360
	628	584	62 SPKE	(6:00) TNA iMPACT! (N)		Jesse James Is a Dead Man		MANswers	GameTrailers	MANswers	MANswers	Ways to Die
	521	560	64 TLC	LA Ink "Kat's Back" (CC)		LA Ink "The Worst Day Ever"		LA Ink "Kat's Back" (CC)		LA Ink Kat consults a doctor.		LA Ink (CC)
	616	522	65 SHO	The Outer Limits (CC)		Love-Death	Love-Death	The One That Got Away (2008, Drama) Kelli Williams. (CC)				House (CC)
	620	523	70 BVO	(6:00) Marker (2005, Drama)		Law & Order "Bottomless"		Without a Trace "Bait" (CC)		Mi Vida Loca ★★ (1993) Angel Aviles. (CC)		
	601	562	71 SLC	Bulging Brides	Bulging Brides	ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Biggest Loser
	520	505	72 DIS	MythBusters (CC)		Daily Planet (CC)		MythBusters "James Bond"		MythBusters "James Bond"		MythBusters
	522	506	74 HIS	NCIS "Hiatus" (CC)		Ancient Discoveries (CC)		Unlocking the Past (CC)		NCIS "Hiatus" (CC)		Marine Mach.
	627	528	75 SPC	Basilisk: The Serpent King		Stargate SG-1 "Covenant"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	77 TBS	The Wedding Date ★★ (2005) Debra Messing, Amy Adams.				Sex and-City	Sex and-City	(9:55) The Wedding Date ★★ (2005) (CC)		
	619	525	78 TROP	Traders "The Afterlife" (CC)		Inside Hollywood Breaking up.		Seinfeld	Raymond	Family Guy	Seinfeld	Seinfeld
	603	561	82 FN	Ace of Cakes	Ace of Cakes	Boys	The Wild Chef	Unwrapped	Unwrapped	Jamie's Eat to Save Your Life		Ace of Cakes
	626	547	87 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Comedy Now Dean Jenkinson.		Daily Show
	320	621	90 CEN	Emo Arith	(:20) The Number 23 ★ (2007) Jim Carrey.			The Line (CC)		Penn & Teller	Nurse Jackie	The Chair
	581	566	101 MTV	Canada's Next Top Model		MTV Live	After	The Real World "Cancun"		Canada's Next Top Model		MTV Live
	261	394	102 V	(6:00) That Thing You Do! (CC)		Poltergeist: The Legacy		That Thing You Do! ★★★ (1996) Tom Everett Scott. (CC)				Paid Program
	-	-	105 MUL	Banquet	Kingdom-Wind	Vancouver	Bahadur-Zafar	Dheeyan Ghar	Sadabahar	Rang Barangi	Desi Rhythms	Patrol World

critics'corner

Big Brother 11
Julie Chen — "affectionately" known as the Chenbot to fans — returns for a new season of boors behaving badly, as a group of strangers apparently raised by wolves shares a high-tech house that affords them almost no privacy at all. Epic nastiness ensues by these (mostly) losers who think they're TV stars. 5 PM on STR; 8 PM on CBS, GTV

MythBusters
You didn't need your head attached to your body, did you? Ever hear the rumor that if a high-tension cable snaps and hits you, something's getting sliced — and it isn't bread? Jamie and Adam decide to test that theory in this episode, but here's betting they're not going to use a real person to experiment on. 7 PM on DIS

Doc Zone
Divorce is painful, but it doesn't have to be life-threatening to the children's psyches. The documentary "How to Divorce & Not Wreck the Kids" follows three couples striving to make their breakups as easy as possible on their offspring. 8 PM on CBC

A ring for Bethenny

The Real Housewives of New York City regular Bethenny has a pre-engagement ring from her boyfriend of a less than a year, Jason Hoppy, eonline.com reports. A source says "the ring is a placeholder. But she is definitely getting married." METRO NEWS SERVICES

Celebrity Buzz

Tears flow in tweets during MJ memorial

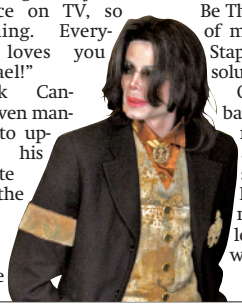
MOURNED Jane Fonda, Yoko Ono and Paris Hilton logged on during Michael Jackson's memorial service to express their sadness at his death, femalefirst.co.uk reports.

A flurry of messages were posted on social networking site twitter.com during the emotional service at Los Angeles' Staples Center.

Fonda wrote, "Watching Usher sing to Michael's casket. Tears rolling down my cheeks."

Hilton added, "In tears watching the MJ Memorial Service on TV, so touching. Everyone loves you Michael!"

Nick Cannon even managed to update his website from the ceremony — where his wife Mariah Carey performed the Jackson 5 hit I'll Be There — writing, "A day of mourning. Here in the Staples Center, God is absolutely present."



Ono, whose late husband John Lennon was murdered in 1980, added, "Michael Jackson: Rest Well In Peace. We will always remember you and love you for what you were to us. With love." METRO NEWS SERVICES

ComicsOnline For more cartoons, visit metronews.ca

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Anne Gibbons 7.9

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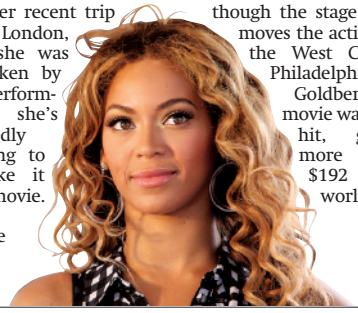
metro

Beyoncé eyeing Sister Act remake

HERE COMES THE NUN Beyoncé Knowles is reportedly in talks to turn the Sister Act stage musical into a movie, femalefirst.co.uk reports.

The singer caught a performance of the hit theatre show — based on the Whoopi Goldberg film of the same name — during her recent trip to London, and she was so taken by the performance, she's allegedly looking to remake it as a movie.



A source tells Britain's Daily Mail newspaper, "Beyonce has asked her representatives to persuade Disney to develop the show into a film vehicle for her. If this comes to pass, she would take on, in musical form, the part Whoopi Goldberg created in the 1992 Sister Act film, although the stage version moves the action from the West Coast to Philadelphia."

Goldberg's movie was a huge hit, grossing more than $192 million worldwide. METRO NEWS SERVICES

Peas sued for plagiarism?

PARTY POOPER The Black Eyed Peas are reportedly being sued for plagiarism, femalefirst.co.uk reports.

The group is apparently facing legal action over their track Party All the Time — which features on their latest album The E.N.D. — because parts of the record have an uncanny resemblance to Adam Freeland's record Mancry.

Celebrity blogger Perez Hilton writes: "The music apparently is a stolen sample of the song Mancry from the act Freeland.

"According to reports, Black Eyed Peas member and producer will.i.am was at an event last year where Freeland performed this song in question."

The band have reportedly called in their legal team over the plagiarism accusation. METRO NEWS SERVICES

Kardashian lauds Jacko's daughter

AT THE MEMORIAL Kim Kardashian says she couldn't keep her composure at Michael Jackson's memorial Tuesday in Los Angeles — especially when the late singer's daughter Paris, 11, took the stage, usmagazine.com reports.

"I spoke at my dad's funeral & it was the hardest thing I've ever had to do," she tweeted. "I was shaking & crying & what Paris did was sooo soooo brave!"

She continued, "Michael's children were so brave brave 2 stand there on stage & speak to the world about their father." METRO NEWS SERVICES

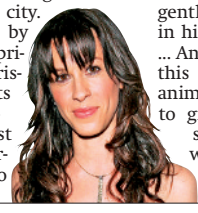
Radcliffe dating girls his own age

LOVE LIFE Harry Potter star Daniel Radcliffe admits that as he's gotten older, he's become more open to dating women his own age. "I've been out with a couple of women who have been older than me," the 19-year-old tells People magazine. "I think it's the maturity thing more than anything else ... girls my age are now mature, so it's great. I've widened the field." METRO NEWS SERVICES

Morissette toured with monkey

GOING APE Canadian rocker Alanis Morissette had an unlikely companion while touring Indonesia — a pet monkey she "borrowed" from a local in exchange for tickets to her show, femalefirst.co.uk reports.

The animal-lover was in the capital Jakarta when a young man offered to trade his pet for VIP access to an upcoming show in the city.



Charmed by the hairy primate, Morissette admits she couldn't resist the opportunity to take on a travelling buddy.

She recalls, "A young gentleman had a monkey in his hands with a diaper ... And he said, 'If you want this animal, I'll give this animal to you but you have to give me tickets backstage.' He came everywhere with me." METRO NEWS SERVICES

Cops drop value of missing jewels

THE LILO CONNECTION The jewelry that went missing after a June 6 British magazine photo shoot starring Lindsay Lohan was worth a tenth of the value first reported — or, $38,500 US rather than the $400,000 initially estimated by London's Metropolitan Police — a spokesman for the force tells People.

The spokesman, who says the initial estimate was provided in good faith, adds that "inquiries are continuing" and there have been no arrests in the case.

The jewelry — diamond earrings and a necklace — is said to be from Dior, but the company has not confirmed that.

The items in question were being worn for a feature intended for an upcoming issue of the U.K. edition of Elle. METRO NEWS SERVICES

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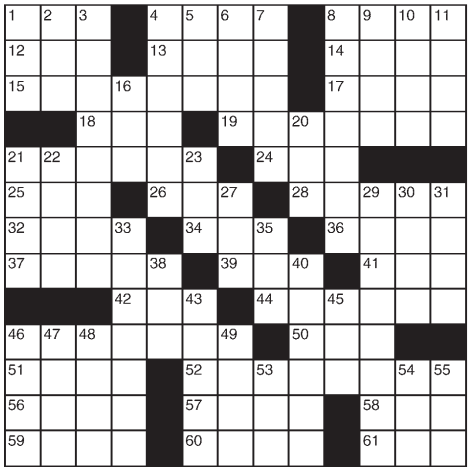


Crossword across

1 Crazed
4 Cabin components
8 Pushpin
12 Inventor Whitney
13Last write-up
14 Turkish bigwig
15 Active person
17 MRI forerunner
18 "A mouse!"
19 Cow catchers
21 Insignia
24 Fond du —, Wisc.
25 Court
26 "Uh-huh"
28 Birth-related
32 "Desire Under the —"
34 Peregrinate
36 Infant
37 Change your offer
39 Intimidate
41 Barbie's companion
42 Period
44 Highway stopovers
46 Patella
50 Lummox
51 Tittle
52 1950s dance resembling an elaborate patty-cake
56 Tart
57 Piece of work
58 By way of
59 Read quickly
60 Simple
61 Ostrich's cousin

Crossword down

1 Blanc or Brooks
2 "The Greatest"
3 Attack forcefully from above
4 Mellow
5 Sapporo sash
6 Y chromosome lacker
7 Filch
8 Urban transport
9 "Slumdog Millionaire" site
10 Converse
11 Kyser and Thompson
16 Moray, for one
20 Skedaddled
21 Ornamental pitcher
22 Double agent
23 Face
27 Atl. counterpart
29 Relax a bit
30 First victim
31 Photog's choice
33 Type of baseball pitch
35 Comic DeLuise
38 "What's up, —?"
40 "Give a hoot, don't pollute" owl
43 California-Nevada lake
45 Trump casino-hotel
46 Smooch
47 Cranny
48 Needle holder
49 One of the Three Bears
53 Greek consonants
54 Energy
55 Water (Fr.)

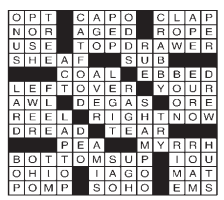
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		1				8		
		7	2		1	9		
5				3				7
	4	6	3		8	2	5	
	5	8	1		6	3	9	
1				9				8
		5	8		2	4		
		3				5		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	9	6	3	4	5	1	8	2
3	2	8	1	7	9	6	5	4
4	5	1	2	6	8	7	3	9
1	7	9	5	8	2	3	4	6
6	8	2	4	3	7	5	9	1
5	3	4	9	1	6	8	2	7
8	4	3	6	2	1	9	7	5
2	1	5	7	9	3	4	6	8
9	6	7	8	5	4	2	1	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

SARAH HOMPER

Chicken Flatbread

Submitted by Crystal Porter, Yarmouth, N.S.

submitted by a Club Member!

INGREDIENTS:
4 pieces of multi grain flat bread (assuming pita)
2 cups cooked, chicken strips/pieces
4 tbsp Hummus (1 tbsp for each piece)
1 1/2 cups spinach uncooked
1/2 cup feta cheese (crumbled)
1/2 cheddar cheese (curls)
1 small onion or green onion finely diced
1 small tomato finely diced
1 carrot finely chopped
4 tsp chopped green olives (2 or three whole olives per flatbread)
1 tsp oregano

METHOD:
Spread 1 tbsp of Hummus on each piece of flat bread and distribute the rest of the ingredients evenly among all four pieces of flat bread.
• Optional: Vegetables can be prepared in a food processor, to cut down the amount of chopping.

SERVES 4
PREP TIME: 10 MINUTES
COOK TIME: 5 MINUTES

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Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
You may have to read the riot act to a so-called friend who has taken one too many liberties. Let them know what is at stake — your friendship for a start.

TAURUS
APRIL 21-MAY 21
Make a point of encouraging friends and family members today. Don't — repeat, don't — make comments that are critical.

GEMINI
MAY 22-JUNE 21
Today's Sun-Saturn aspect will put you in contact with someone who can help realize your goals. Take advantage of their friendship.

CANCER
JUNE 22-JULY 22
Not everyone will agree with what you are planning but what do you care about that? You don't need approval, you need boldness and ambition.

LEO
JULY 23-AUG 23
No matter how badly someone may have treated you recently, if you don't move on it will be you who suffers. They're not worth getting worked up about.

VIRGO
AUG 24-SEPT 22
If you go over the same old ground in the same old way today you will most likely get the same old results. Try a different approach for a change.

LIBRA
SEPT 23-OCT 23
Your drive and dedication will sweep away obstacles and get you to where you most want to be.

SCORPIO
OCT 24-NOV 22
Are you thinking big? Are you aiming high? If not, you should be. Today you must, because there is so much at stake. It's time to move up in the world.

SAGITTARIUS
NOV 23-DEC 21
Once again you are standing on the sidelines while those of lesser talent are enjoying the applause and the rewards that should, by rights, be yours.

CAPRICORN
DEC 22-JAN 20
You may be tempted to close your ears to something you don't want to know about but that could be dangerous.

AQUARIUS
JAN 21-FEB 18
You will understand why certain people were so determined to keep you in the dark. You can negotiate yourself a better deal.

PISCES
FEB 19-MARCH 20
The efforts you put in and the sacrifices you made earlier in the year will be rewarded today.

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3121 West Broadway
2748 Rupert St.
1 - 525 Seymour St.
150 - 625 Howe St.
105 - 950 West Broadway
1707 Robson St.
1092 Kingsway
10 - 3490 Kingsway

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310 - 26310 Fraser Hwy.

Abbotsford
Sevenoaks Shopping Centre
2 - 32915 South Fraser Way
1 - 2142 Clearbrook Rd.
401 - 2140 Sumas Way

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
214B - 4501 North Rd.
4711 Kingsway
111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

Chilliwack
Cottonwood Mall
103 - 45300 Luckakuck Way
11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale
201 - 17725 64th Ave.

Coquitlam
Coquitlam Centre
101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

Delta
Scottsdale Mall
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
3 - 19638 Fraser Hwy.
103 - 19700 Langley Bypass
C104 - 20159 88th Ave.
19971 96th Ave.
C7 - 20202 66th Ave.

Maple Ridge
22661 Lougheed Hwy.

Mission
100 - 32670 Lougheed Hwy.
318 - 32555 London Ave.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
127 - 1199 Lynn Valley Rd.
1295 Marine Dr.
1748 Lonsdale Ave.
1392 Main St.

Pitt Meadows
735 - 19800 Lougheed Hwy.

Port Moody
202 Newport Dr.

Richmond
Aberdeen Centre
Admiralty Centre Mall
Ironwood Mall
Parker Place
Richmond Centre
115 - 12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Guildford Town Centre
201 - 13734 104th Ave.
135 - 12477 88th Ave.
30 - 16041 24th Ave.
1675 128th St.
108 - 7380 King George Hwy.
403 - 15940 Fraser Hwy.
10310A 152nd St.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
10 - 3189 King George Hwy.

OKANAGAN/NORTHERN BC

Aberdeen Mall (Kamloops)
Northills Centre (Kamloops)
C - 1815 Rogers Place (Kamloops)
Orchard Park Mall (Kelowna)
Spall Plaza (Kelowna)
Cherry Lane Shopping Centre (Penticton)
Pine Centre (Prince George)
Piccadilly Mall (Salmon Arm)
Village Green Mall (Vernon)

Whistler
7009 Nesters Rd.

Squamish
38116 2nd Ave.

Call 310-1144 or visit telus.com/bundle or your nearest TELUS authorized dealer.

*Based on total service disruptions and outages experienced by clients in the past year. †Applies to direct-dialled long distance calls only. Overseas calls terminating on a wireless phone or audio text facilities may be subject to higher rates. ‡Offer available until August 4, 2009 to residential clients in select locations who sign up for TELUS High Speed Internet and who have not signed up for this service in the past 90 days. Minimum bundle rate available is $40.95/month based on High Speed Lite Internet service. 911 service charges and taxes are extra. Limited time offer, subject to change on 30 days notice. **1 month of new services is available for free to clients who have not signed up for TELUS High Speed Internet in the past 90 days and will be applied to the client's account within the first 12 months of service. Minimum system requirements apply. © 2009 TELUS.